

Saturday and Sunday 5th and 6th July, 2025

From 10.0 a.m. onwards -

Sue and Jim Hollingworth are opening their garden as part of **Epworth Open Gardens**. All proceeds to Lindsey Lodge Hospice and St. Andrew's Church. Refreshments and live Music both days, Book Stall and Plant Stall. A ticket for all 10 Open Gardens costs £4. Sue can sell you one which will also give addresses of the other gardens.

Saturday 5th July, 2025

10.30 a.m. - Messy Church - A warm welcome for the whole family. Bible stories, songs, activities, food & fun.

Sunday 6th July 2025

9.0 a.m. - Rev. Stuart Gunson - Communion

10.0 a.m. - LA

2.30 p.m. - West Butterwick

Monday 7th July, 2025

9.30 - 11.30 a.m. - CHATTERBOX

Wednesday 9th July, 2025

7.45 a.m. - Prayers meeting by Zoom

Wednesday 9th July, 2025

10.0 a.m. - Jack in a Box

A fun time for pre-school children and carers

Wednesday 9th July, 2025

2.30 p.m. - MWiB - AGM

Friday 11th July, 2025

2.0 p.m. - Wesley Knitters

Saturday 12th July 2025

10.0 - 11.30 a.m. - Coffee morning

11.15 p.m. - Monthly recital - Just Brass

Sunday 13th July 2025

10.30 a.m. - Mr David Sanderson

4.0 p.m. - Mrs Marilyn Hall - Café Church

Can you help?

The catering team are asking for china tiered cake stands, tea plates and cups and saucers, please. If you are able to donate, please speak to Pat.



It is time to order **Methodist**

Prayer Handbook for 2025/26. If you would like a copy please let Marion know by **11th July at the latest**, also stating if you need a large print copy.



I have decided to stick with love. Hate is too great a burden to bear. - Martin Luther King,

District Safeguarding Fortnight

I have put on the safeguarding notice board in the school-room details of this and of the District Safeguarding Conference, with details of how to book on any of the events. During the fortnight, District offers four sessions of Unconscious Bias Training, all by Zoom.

Friday	4 July	10.00 - 11.30
Thurs.	10 July	10.00 - 11.30
Thurs.	10 July	14.00 - 15.30
Thurs.	10 July	19.00 - 20.30

Unconscious Bias Training is mandatory (just once) for many office holders, including church stewards, pastoral workers, children, youth and family workers and worship leaders. Many of us attended the training led by Debbie in January, but just a few did not. Now's your chance! Andrew

Raised beds

There has been some progress with the raised beds. The small one has been planted up. The herb garden has mint, marjoram, rosemary and lemon balm growing well. Please help yourself. The large bed is almost completely dug over. If you can donate any plants they would be much appreciated, as would help with planting and maintenance. Thanks. *Tish*

Burdens

"He ain't heavy - he's my brother."

You never expected to find me quoting pop music, did you? Well, this one has significance. There are divided opinions on how the song came to be written, and I can't be sure which is the true explanation. One says it came about when a small boy was wearily carrying his brother. A sympathetic adult observing this suggested the boy should put down his burden, because he was too heavy, prompting the reply in the song.

On a Boys' Brigade hike on a hot, sunny day, one of the boys was struggling badly with the weight of his back pack. First one, then another, of the other boys on the walk took a turn carrying the pack in addition to his own. Was it heavy? No; 'He ain't heavy, he's my brother.'

Do you carry burdens? Very probably you do. It seems to be our human lot. In my Salvationist days, we would sing the revivalist hymn:

Would you be free from your burden of sin?

There's power in the blood, power in the blood.

Would you o'er evil a victory win?

There's wonderful power in the blood.

And if we think of Charles Wesley, we can remember that in his famous hymn "And can it be?" he writes that his burdens - his chains - fell off and his heart was free.

It is a continual challenge; we must trust that we are never alone whenever there are burdens we have to bear. Equally, we should be vigilant so as to observe when someone else may be in need of a little support.

You will notice that content in this week's notices is a bit light. This always happens as the holiday season starts and some of our usual weekly events are on hold. Now is your opportunity to submit a little article to add variety and interest to the notices.




None knows the weight of another's burden. - George Herbert

Carry each other's
burdens, and in this way
you will fulfil the law of
Christ.

Galatians ch. 6; v.2 (NIV)



No one is useless in this world who lightens the burden of it to anyone else. - *Charles Dickens*

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Room bookings	epworth_roombookings@esgmethodist.org.uk
Safeguarding Officer	Andrew Bamford - 07549123574 epworthwesleysafeguarding@gmail.com
	Our Church Prayer chain is now using WhatsApp, which is totally encrypted, adding to our security and privacy policy. If you have a prayer request (with permission from the recipient) or wish to know more about becoming part of the Prayer Group, please contact Pauline - 01427 875478 or Pat - 0777 649027 in the first instance.

Who would true valour see,
let him come hither;
one here will constant be,
come wind, come weather;
there's no discouragement
shall make him once relent
his first avowed intent
to be a pilgrim.

Whoso beset him round
with dismal stories,
do but themselves confound,
his strength the more is.
No lion can him fright:
he'll with a giant fight,
but he will have the right
to be a pilgrim.

Hobgoblin nor foul fiend
can daunt his spirit;
he knows he at the end
shall life inherit.
Then, fancies, fly away;
he'll not fear what men say;
he'll labour night and day
to be a pilgrim.

John Bunyan (1628 - 1688)

I have included this poem, which we also sing as a hymn, because of the bible text referring to carrying each other's burdens. In Bunyan's allegorical story, Pilgrim is portrayed bowed down under his burden. He carries it through the Slough of Despond and many hazards until as he reaches the Celestial City, his burden is loosened and falls away, rolling back down the hill.



Religion is not a burden, not a weight, it is wings. - *Harry Emerson Fosdick*



Wesley Memorial
Church, Epworth

Notices for the week commencing

Sunday 6th July, 2025



Any concern too small to be turned into a prayer is too small to be made into a burden.

- *Corrie Ten Boom*